

■ Faith-Sharing Guide ■

Weekly Gospel Reflection for Parish Groups

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This guide provides a simple structure for parish small groups to reflect together on the Sunday Gospel. It helps parishioners listen to the Word of God, share faith, and grow as companions in Christ.

■ Structure of the Gathering

1. Opening Prayer

Begin with a moment of silence. Pray the 'Come, Holy Spirit' or another short prayer. Light a candle if possible.

2. Reading of the Sunday Gospel

One person reads the Gospel slowly. Pause for silence. A second person may read it again.

3. Silent Reflection (5 minutes)

Each member reflects quietly: What word or phrase struck me? What is God saying to me through this Gospel?

4. Faith-Sharing

Each person is invited to share briefly. Focus on personal experience, not discussion. Speak from the heart and listen with respect.

5. Closing Prayer

End with the Our Father, the Suscipe, or a simple prayer of thanksgiving.

■ Guidelines for Sharing

- Speak briefly and from personal experience.
- Listen attentively without interrupting or judging.
- Allow silence — it is also a form of prayer.
- Confidentiality is essential — what is shared in the group stays in the group.
- Rotate facilitators to encourage participation.

■ Sample Opening Prayer

'Lord Jesus, open our hearts to hear Your Word. Send us Your Spirit so that what we share may strengthen our faith and draw us closer to You

and to one another. Amen.'